



ADMIN DETAILS

General Information

- ▶ ALLROUNDER is an international summer competition consisting of 6 sport / military skills related events (obstacle course, Hand-grenade throwing, swimming relay in field uniform, SMG and Pistol shooting, cross-country run and rafting) - **NO ENTRY FEE.**
- ▶ Military educational institution or military unit can send 1 team consisting of 6 members (competitors) and 1 team-leader.
- ▶ Team-leader will join the team-leader meeting and competition draw on the day of arrival as well as short team-leader briefings before each competition.
- ▶ There is a limited capacity of maximum 10 teams so registrations will be dealt with on first come first serve basis.

Registration

- ▶ Participants are kindly requested to register by sending the filled in “**Registration Form**” to the Allrounder POC: Martina HYKLOVÁ: martina.hyklova@aos.sk and put
Mgr. Peter ŽIŠKA, PhD.: peter.ziska@aos.sk to Cc of your e-mail.
- ▶ The Registration Form can be downloaded at <https://weblm.aos.sk/en/article/281-allrounder>
- ▶ ***Please send ONE Registration form per institution / team***
- ▶ **Deadline for registration: September 11, 2023**

Transportation

- ▶ Participants are requested to make their own travel arrangements to and from Liptovský Mikuláš – **if there are teams flying in to the airports** in Vienna, Bratislava or Košice, it might be possible to arrange transport by the AFA upon request.
- ▶ IF arriving by car, please remember to specify details about the car AND driver in the Registration Form
- ▶ Arrival - Delegations should arrive to the Armed Forces Academy of General Milan Rastislav Štefánik (AFA) on Tuesday, 26th September 2023 by 16:00hrs.
- ▶ Departure – Departure of delegations is scheduled on Friday, 29th September 2023 after breakfast.

Accommodation

- ▶ Based on the request from past participants, accommodation will be pre-arranged at the **Penzión Bowling (38,00 EUR per person/per night/ including breakfast and local tax)** <http://www.penzionbowling.sk/en/pension-bowling> The accommodation will be booked on the “first come first serve” basis. Once the capacity of the Penzión Bowling is full, the organizers will arrange other accommodation nearby (Penzión Squash or Lodenica or somewhere near the centre of town, though the price for accommodation may differ).
- ▶ In case the participants decide to book accommodation elsewhere on their own, please inform the Allrounder POC.

- ▶ Due to continuing reconstructions at the AFA we will not be able to provide accommodation at the AFA. In future, it might be possible.

Meals

- ▶ AFA will provide lunch on Wednesday and Thursday (days of competition) free of charge.
- ▶ AFA will provide hosted dinner – Banquet on Thursday evening free of charge.
- ▶ Participants are responsible for their dinner arrangements on Tuesday and Wednesday, although the organizer may recommend some restaurants upon your arrival at Teamleaders' meeting.

Dress code

- ▶ Arrival & Team-leaders' Meeting: Civilian clothes
- ▶ Practice at the obstacle course: sports clothes
- ▶ **Opening Ceremony / Closing Ceremony: ALLROUNDER 2023 T-shirt** (*team-leaders will receive T-shirts upon arrival to Teamleaders' meeting*) and field uniform or sports trousers
- ▶ Event 1: Battledress (Field uniform) – *cap and gloves are allowed*
- ▶ Event 2: Battledress (Field uniform) – *cap is allowed / glasses are forbidden*
- ▶ Event 3: Battledress (Field uniform) and belt (bandage) are provided by the organizer – *swimming cap and glasses are allowed*
- ▶ Event 4: Battledress (Field uniform)
- ▶ Event 5: Battledress (Field uniform) and athletic shoes (use of sports clothes might be the subject of discussion / voting at Teamleaders' Meeting on the day of arrival (Tuesday))
- ▶ Event 6: Neoprene or wet suit is recommended but not compulsory (it is not provided by the organizer) *Organizer provides rafts, life jackets and helmets.*
- ▶ Hosted Dinner: Civilian clothes

Health

- ▶ Insurance – Insurance is the responsibility of the sending country. We recommend to bring with you an insurance certificate in case of medical care in a civilian health care facility.
- ▶ Throughout the competition the AFA medical service staff as well as rescue service during rafting will be on standby at venue.
- ▶ COVID-19 Restrictions
Please, review the following article to stay updated on COVID-19 regulation on entering Slovakia: <https://www.mzv.sk/web/en/covid-19>

Useful links

- ▶ <https://weblm.aos.sk/en/article/allrounder>
- ▶ <https://www.youtube.com/watch?v=kXteT1qZwL8> – video ALLROUNDER 2022
- ▶ <https://weblm.aos.sk/fotogalerie/galeria/80/all-rounder-2022-27-09-30-09-2022> - photos 2022